

Virtual Breakfast 2020-20221

Updated 8/19/2020
MENU SUBJECT TO
CHANGE WITHOUT
NOTICE.

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Pretzel Stick Fresh Fruit 1% Milk	Muffin Variety Fruit Cup 1% Milk	Cereal Fresh Fruit 1% Milk	Sausage Egg Biscuit Fruit Cup 1% Milk	Breakfast Bar Fresh Fruit 1% Milk
Donut Holes Fruit Cup 1% Milk	Chicken Biscuit Fresh Fruit 1% Milk	Cinnamon Glazed French Toast Fruit Cup 1% Milk	Poptarts Fresh Fruit 1% Milk	Breakfast Pizza Fruit Cup 1% Milk

Virtual Lunch 2020-20221

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Baked Beans Fresh Fruit 1% Milk	Yogurt String Cheese Graham Crackers Fruit Cup Fresh Veggies 1% Milk	Pizza Corn Craisins/Raisins 1% Milk	Ham Sandwich Baked Chips Fresh Fruit Fresh Vegetable 1% Milk	Chicken Tenders French Fries Fruit Cup Roll 1% Milk
Bosco Stick Fruit Cup Fresh Vegetable 1% Milk	Chicken Wrap Fruit Cup Fresh Veggies 1% Milk	Rotini Garlic Knot Green Beans Fresh Fruit 1% Milk	Turkey Sandwich Baked Chips Fresh Vegetable Fruit Cup 1% Milk	Chicken and Gravy Mashed Potatoes Roll/Biscuit Fresh Fruit 1% Milk

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To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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Ashland Independent Schools Virtual Learning Breakfast and Lunch Rotation

Aug 2020						
S	M	T	W	T	F	S
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2	3	4	5	6	7	8
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30	31					

Sep 2020						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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